

The Psychotherapy Center of Albert-Prévost Mental Health Hospital (HSMAP), affiliated with the *Centre intégré universitaire de santé et de services sociaux du Nord-de-l'Île-de-Montréal (CIUSSSNIM)*

Is proud to provide healthcare professionals with a continuing education program in psychotherapy

**Hybrid
Format**

In-Person
or Virtual

Integrating Meaning and Medication: Psychotherapeutic Perspectives

Friday, February 9, 2024
8 h 30–16 h 30



Hôpital du Sacré-Cœur de Montréal, CIUSSSNIM
Emilie Gamelin Auditorium
5400, boulevard Gouin Ouest
Montréal (Québec) H4J 1C5

This program is in the process of being accredited by
the Federation of Specialist Physicians of Quebec (FMSQ)
Worth 6 hours of continuing education credit

Centre intégré
universitaire de santé
et de services sociaux
du Nord-de-
l'Île-de-Montréal
Québec 

AFFILIÉ À

Université
de Montréal

Program description

During this presentation, our guest speaker David Mintz will review the historical and theoretical tensions between biomedical and psychodynamic models of mental illnesses and will explore possibilities of integration. He will examine the evidence base connecting meaning, medications, and outcomes, and will explore the dynamic meaning of medications and common dynamics contributing to treatment-resistance, with special reference to treatment-resistance in pharmacotherapy. He will review psychodynamic concepts relevant to the practice of psychopharmacology, and explore a model (Psychodynamic Psychopharmacology) that aims to enhance pharmacotherapy outcomes through the integration of psychodynamic attitudes and skills. More broadly, he will consider approaches to optimize the integration of pharmacotherapy and psychotherapy, in both combined (only one provider) and split treatments (2 providers).

Schedule

8:30–8:50	Reception and registration
8:50–9:00	Introductory words
9:00–9:30	Neurobiology & Psychology: Are these Approaches in Conflict
9:30–10:30	Meaning & Medication: The Evidence Base
10:30–10:45	Break
10:45–11:45	The Meanings of Medication
11:45–12:15	Q&A / Discussion
12:15–13:15	Lunch
13:15–14:45	Psychodynamic Psychopharmacology: Working with the Meaning of Medications in Pharmacotherapy
14:45–15:00	Q&A / Discussion
15:00–15:15	Break
15:15–16:00	Integrating Care: Combining Medications and Psychotherapy
16:00–16:30	Q&A / Discussion
16:30	Closing remarks

Guest speaker



David Mintz, M.D.

David Mintz, M.D., is a graduate of the University of Miami School of Medicine and the Cambridge Hospital/Austen Riggs Center Combined Residency Program. He completed a Fellowship in Psychodynamic Psychotherapy at the Austen Riggs Center, where he remained on staff as Treatment Team Leader, Director of Psychiatric Education and Associate Director of Training in the Fellowship in Psychotherapy and Adult Psychoanalysis Treatment Team Leader.

At the Austen Riggs Center, Dr Mintz is engaged in intensive psychoanalytic psychotherapy and pharmacotherapy with complex, multiple co-morbid, and “treatment-resistant” patients. Over the last 2 decades, he has devoted much of his attention to elucidating Psychodynamic Psychopharmacology as a technical approach for working with pharmacologic treatment resistance, and he has written and presented widely on the subject. His book *Psychodynamic Psychopharmacology: Caring for the Treatment-Resistant Patient*, and over a dozen other papers, explores these principles.

Dr. Mintz’s other academic interests include psychodynamic aspects of medical education and developmental processes involved in becoming a psychiatrist.

Organizing committee

Dr Benjamin Simard (President)
Dr Alain Lebel
Dre Thanh-Lan Ngo

Dr Pierre Verrier
Dre Monique Desjardins

Registration

To register please use the following links:

In-person: lepointdevente.com/billets/psychopap-colloque2024

Virtual: lepointdevente.com/billets/psychopap-colloque2024virtuel

Registration fees

	Until January 19, 2024	From January 20, 2024
Regular (in-person)	\$250	\$285
Student (in-person)	\$105	\$125
Regular (virtual)	\$210	\$240
Student (virtual)	\$90	\$105

In-person fees include snacks, coffee and lunch.



Please note that the auditorium can accommodate a maximum of 100 participants; excess participants will need to attend the online format.

 Canadian dollars

Miscellaneous information

Parking at Hôpital du Sacré-Cœur de Montréal will be available at participants' expense. The site is accessible by public transport.

 Métro Henri-Bourassa  bus 69

 Métro Côte-vertu  bus 64 or 468

A receipt and an official certificate of continuing education will be sent to each participant after the conference.

If you have any questions regarding the conference, the program or the registration process, please get in touch with us at: centropsychopap.colloque@gmail.com.